



Saturday, December 22, 2007

[Full Moon and healing with spiritual light](#)

Tired from editing and sorting 15 years of accumulated stuff, I unconsciously drop the heavy box of art supplies down onto the hand truck; the cart handle shoots up and slams me square on the bridge of my nose. Shocked by the force of the impact, I straighten up, numbness now rapidly spreading out across my face as I start silently shouting 'oh no, oh no, oh no!!!' Am I bleeding? I move into transmuting the energy, healing with [spiritual light](#), along with running for the Bach's Rescue Remedy to take the edge off my fear. Dang it, why did I pack my essential oils?

Okay the dog did think me a bit crazy waving my arms [extracting], praying and singing to my nose...but it worked. After a trip to the emergency room for x-rays the doctor advises it's a broken nose with hairline crack, I decide to take things easy, thus I didn't feel like writing this week. What just happened?



Removing the WOO WOO

For the last four weeks I embraced some serious house staging to sell our home, which means dismantling my healing room and giving the space back to my husband as a home office. He is soo happy! [There's some good mojo in that space.] It also meant packing a vital part of myself away- the huminia, humina stuff [dear daughter's description for her mother's quirkiness].

The staging and healing room dismantling [it's now sitting in a POD] caused some tears [I felt like I was going into hiding], but it also gave me the opportunity to know that many of the tools/things/stuff I had acquired and leaned on the last 12 years are no longer necessary to do healings. I grew out of them and the items needed to move on.

In making over the house, normalizing it for an everyday family means I am called to withdraw my energy as I move from room to room. ***From a shamanic Feng Shui point of view it is much harder to sell a house when the person/family still has heart attachments too.*** There's been joy and sadness- remembering. I am aware of all these things as I pick up this and that, making choices- keep/pack, toss or give, [Free Cycle](#) and [Shred-it](#) has become my favorite resources.

The smack on the head, specifically to the third eye, brings me new insights. First off I am glad to know alternative measures for healing- I don't need a bunch of tools- rather simply become the healing... and then there is the self reflection "Why this injury, why now?" The trauma is right below my third eye, the seat of intuition and the Full Moon in Cancer is fast approaching (Sunday, December 23 at 2° of Cancer). Cancer and Capricorn work together to balance the masculine and feminine energies within us. Cancer is the mother, Capricorn represents the father. Water and earth. ***A man builds a house, but a woman's energy makes it a home.***

The Moon rules the sign Cancer and all things to do with feelings, emotions and intuition. What are the energetic consequences of discounting the Cancerian qualities womanhood offers you (intuition, feelings, emotions, moods, Moon, mothering, roots, home and family) in favor of being more masculine? This week the buzz has been around teenage pregnancy? And that is exactly what I wrote about six months ago at the [New Moon in Cancer](#).

On Wednesday [Jupiter entered Capricorn](#) for the first time in 12 years; Saturn started retrograding at 8° Virgo... Saturn rules Capricorn and relates to the structure, the bones, support. And wow just in time I whack my third eye. Thus I start asking "what am I not seeing, feeling, sensing? What is breaking down to break through?" A flood of insights bubble up related to personal and work experiences that happened around this time back in Christmas of 1987; which had to do with getting pregnant, moving to a new home and office and self-esteem issues. **smile** It's all so fascinating how one thing weaves into another, and maybe I needed the smack in the head to wake up. Lesson learned, thank you very much.

Taking care of your Heart's Ache

If you find yourself in a holiday funk see if the energy is tied into missing your home, your childhood home, and family home, things related to home, heart [h] and mother. ***"In order to release Cancer's creativity, we must first cut the umbilical cord which binds us to family karma; leave the safe womb of the home and choose our own direction in life."*** (Archetypes of the Zodiac by Burt,

p. 113) If so do some journaling and write down your expectations, you may want to create a SoulCollage® around the energy to get the message. Light up the fire pit (or barbecue) and release the old stuff to the fire.

I feel grateful, while I did look like Marsha, Marsha, Marsha from the Brady Bunch for a day, the swelling went away, and I am on the mend with a bit of tenderness and very little bruising. Tonight we'll light a fire in celebration of the Solstice where I'll be releasing this karmic stuff to the spirit of the fire. Happy Solstice and full moon!

Reference Book- [Archetypes Of The Zodiac \(The Llewellyn Modern Astrology Library\)](#)

Posted by Michele on Saturday, December 22, 2007 at 01:02 PM in [2.12 The Full Moon Story](#), [3.04 Cancer](#), [7.0 Shared Journeys](#) | [Permalink](#) | [Comments \(0\)](#) | [TrackBack \(0\)](#)

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