

**The New Moon Journal**- *exploring the magic of the moment and the mystery of you found in bits of paper and glue through the New Moon and the SoulCollage® process.*

**Let's follow the relationship of Signs, Planets and the Houses through the New Moon.** To Work with the [New Moon Journal](#) SoulCollage® process know it is not necessary for you to have a working knowledge of astrology. All you need to bring to the experience is your openness to the information presented- your heart's desire creates the container for the experience to unfold magically in a deeply sacred way. *We are simply acknowledging our shared journey... let's begin.*



1. It's good to know the dates of the new moon. Mark the blank Mandala [see page 4] with each date, and the appropriate zodiac sign for the New Moon on that day.
2. The [New Moon](#) dates for the coming year can be found online at New Moon Journal on the left hand side bar. Even better-get a lunar [calendar](#) with the Moon phases.
3. Get a copy of your birth chart. [It's free here](#). Or Michele can send your birth chart formatted like the [New Moon mandala](#). Or just go it alone for a couple of months, just follow the theme of the energies without your birth chart. because the Moon is working and learning you either way.
4. When you have a copy of your birth cart, find out where the new moons occur in that chart- i.e. where is Capricorn in your chart? What house? That is where the action is for the New Moon in Capricorn. Do this for all of the 12 signs.
5. If it was a Capricorn new moon then you'd read about Capricorn's energy in the chart below (The Call). Then find the corresponding house reference in the chart above for the Capricorn energies. Mark each house for the appropriate month. If Capricorn falls in my 5<sup>th</sup> house then Aquarius falls in my 6<sup>th</sup> house, Pisces 7<sup>th</sup> house. Do this for all 12 signs. Work with one energy a month- new moon to new moon.
6. Journal and SoulCollage®: To dialog and work with the new moon energy you need to have a monthly process you commit to- journaling and creating a SoulCollages are one way to work with the archetypes of astrology.
7. Prior to the next new moon create one collage each month that track with the new moon energies.
8. Join the [New Moon Yahoo Group](#). Share your experiences with others of like mind and heart. Stay current by reading The New Moon Journal®.
9. In the SoulCollage® process we are exploring this year, you will be working with the archetypes of astrology. Trust your intuition. The collage you create holds a story. Continue to journal about the SoulCollage® and your experiences.

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10. 24 hours before the new moon go inward to set the intent, make a decree for that area in your life.
11. 24 hours after the new moon let that intention go.
12. Watch and continue journaling...over the next two weeks you'll gather more insights. In essence you are doing you own [soul retrieval](#).
13. If you have questions write to me at the [New Moon Yahoo group](#).
14. **The Council of Twelve:** By the end of the year you'll have created 12 SoulCollage® cards representing some of the archetypes of astrology to use with the new moon journal.

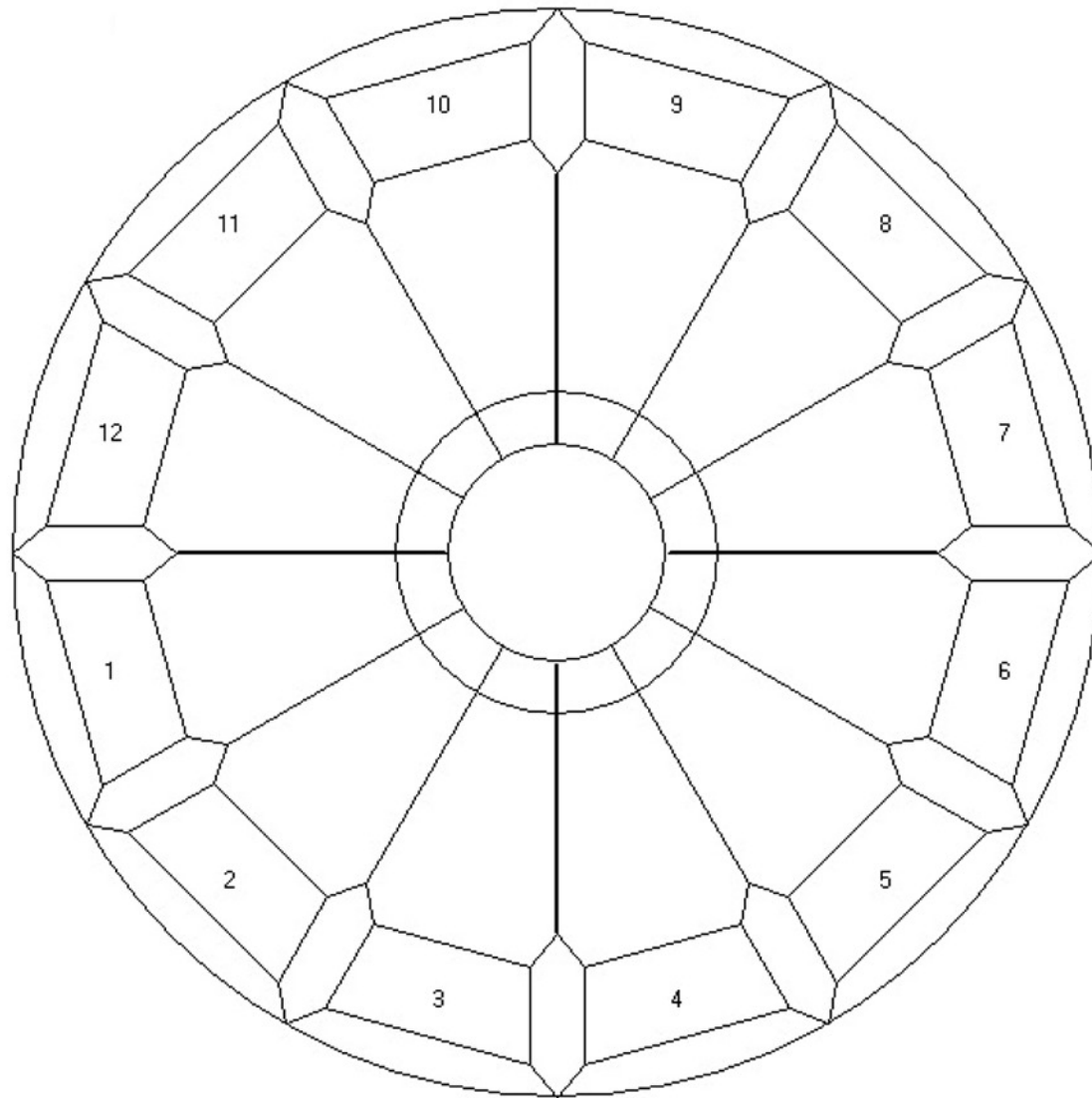
SoulCollage® is a trademarked process created by the wonderful Seena Frost. Additional information can be found in the SoulCollage® book and on Seena's website at <http://www.soulcollage.com>

<b>SIGNS</b>	<b>HOW- THE CALL</b>	<b>PLANET</b>	<b>THE RESPONSE- SHOWS THE ENERGY EXPRESSING</b>	<b>HOUSE</b>	<b>IF NEW MOON IS HERE YOU FACE ISSUES WITH</b>
Aries Fire	♈ Leadership, initiate, action, ambitions, alert, blunt, angry, warring, courageous, pioneering. Temper. To lead. I am the One who Leads.	Mars ♂	Masculine principle. Aggressive. Passion. Sexual. Yang. Right. Action oriented, energy patterns of anger and aggression, initiates, adrenaline.	First	I am. Egoic. Self image. Body language. How I package and market myself. Beginnings. Spring. New Moons. Self-physically and psychologically speaking.
Taurus Earth	♉ Solid practical, slow but sure, protective, comfort & security, self-esteem and self-worth. Possessive, stubborn, fixed, rigid. I am the One who Values.	Venus ♀	Feminine principle. Passive, Yin. Left. Sensual. Sexual. Values, attraction, magnetizes, attaches, entertains, creature comforts, feminine.	Second	I value. My self esteem and self worth. My relationship to abundance- money and things. Talent and resource. Cash flow. Tools for survival. What I have to give.
Gemini Air	♊ Communication, duality, curiosity, intellectual, talkative, neighbors, friendly, social. To communicate. I am the One who Communicates.	Mercury ☿	Conscious mind, thinking, travel, education, contracts, mediator. Lower mind stuck in dual thinking patterns. Trickster energy.	Third	I communicate. Attitudes towards day to day life. Relationship with siblings, neighbors. Attitude toward education. What I think about. Mental.
Cancer Water	♋ emotion, security, feeding, nurturance, home and family. Stubborn, tenacious, sensitive, psychic, intuitive. Crybaby, victim. Oceans. To root. I am the One who is Homebody.	Moon ☾	The past, ancestors, roots, emotional security, Women, public, breasts, stomach, menstruation. Mother. Heart. Reflected Light and dark.	Fourth	My foundation. Ancestry, home and family. Where did I come from. What kind of emotional foundation do I have. Standing on my own two feet.
Leo Fire	♌ dramatic, romantic, regal, royal, noble, self-centered, narcissistic, creative. Joy, children, love affairs and romance. To create. I am the One who is the Creatrix.	Sun ☼	Self, ego, vitality, authority, success, individuality, love, Father. Heart. Light.	Fifth	I create. Play. Dreaming and manifesting into matter. Children. Pride. Integrity. Having a passion for what I do. Gambling, amusements, luck, drama.
Virgo Earth	♍ Reliable, order, structure, methodical, perfectionist, analytical, discriminating. Mother Mary, and Mary Magdalene. To perfect. I am the One who is the Healer.	Mercury ☿	Conscious mind, skills with hands and mind, service. Imagination. Higher mind with duality healed and balanced.	Sixth	I work. Issues of service and health. Personal hygiene. Order from chaos. House of ritual magic and celebration. Diet and exercise. Employees and fellow workers.

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Libra Air	♎	Diplomatic, sociable, gentle, artistic, balanced, harmony. Romantic and kind. To balance. I am the One who Harmonizes.	Venus ♀	Love, beauty, arts, creativity, partnerships and marriage, social, attraction. War.	Seventh	I partner. Marriage. How I merge with another in relationship- business and personal. Cooperation and balance. Our shadow seen through another.
Scorpio Water	♏	Transformative, intense, powerful, emotional, shadow, secretive, possessive, extremist, sexuality. Muddy water. To transform. I am the One who is the Shaman.	Mars ♂ Pluto ♁ Chiron ♃	Controlling, going to extremes, deepest pain, death and rebirth, muddy emotions, surrender, compulsions. Underworld. House of shamanism. Chiron shows where you are wounded and brings you the tools to transform and transmute.	Eighth	I surrender. House of death and rebirth. Money through joint efforts. Legacies. Insurance. Death. Elimination and regenerations. The house of emotional commitment in relationships. What do you need to release in order to move on.
Sagittarius Fire	♐	Idealistic, jovial, explorer, travelers, luck, providence, future oriented. To teach. I am the One is the Risk Taker.	Jupiter ♃	Philosophy, good fortune, wisdom, truth, travel, expansion. Hips and thighs.	Ninth	I know. Higher education. Traveling. People of other cultures. Developing a broader understanding of life. Knowing your truth. Publishing and teaching.
Capricorn Earth	♑	Patient, quiet, organized, cautious, business minded, career oriented, serious. To initiate. I am the One who is Structure.	Saturn ♄	Father, structure, outer authority, limitations, contraction, slow growth. Knees. Responsibility.	Tenth	My career. Public image. Reputation. How I respond. Standing in community. Power and strength of my goals. Legacy to mankind.
Aquarius Air	♒	Rebel, individual, ahead of the pack, free thinking, open minded, unique, outgoing, inventors, progressive. To invent. I am the One who is the Innovator.	Uranus ♃	Insightful, higher mind, cooperation of group in service to humanity, original, awakening force, freedom, Spasmodic. Circulation. Electrical.	Eleventh	My service. Group relationships. Hopes wishes and dreams. This is where I find my place in humanity with my own original thought or action.
Pisces Water	♓	Compassionate, intuitive, poetic, musical, spiritual, introverted. Foggy, gases. To dream. I am the One who is the Muse.	Neptune ♆	inspiration, dreams, illusion, imagination, addictions, escapism, nebulous, dance. The Feet.	Twelfth	My spirituality. House of spirit. Inner strength or weakness. Where we meet our past. Finding peace of mind and heart. Institutions hospitals and prisons. Sleep, meditation. Dreamtime.
<b>The lineup of personal planets ☉ ☽ ♃ ♀ with Earth ♂ ♃ ♄ ♃ builds the bridge to the outer planets ♃ ♆ ♃</b>						

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Blank New Moon Mandala- take your birth chart, find the signs on your chart and mark them on the blank Mandala. Now find the dates for the corresponding new moon. If Aries is on your 6th house, what date does the New Moon in Aries fall? What energy is at play for the 6th house? There's a story there.

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Join in the process with a friend to share the experience. The New Moon Journal grows by recommendation only when you find our material of use! If you enjoy the blog, I'd love it if you'd pass along the word. Do so by forwarding a post to a friend and inviting them to subscribe at the "Email this" link below each post.

I am a trained SoulCollage® facilitator and shamanic teacher. Are you feeling inspired by this website? Are you a blogger? If so I'd appreciate a link on your blog back to the New Moon Journal® when discussing the New Moon SoulCollage® process! Please let me know about your SoulCollage® cards and I'll add with a link to the gallery of images.

Remember to join the SoulCollage® WebRing. To explore the SoulCollage® process I suggest reading Seena Frosts book [SoulCollage®](#). I teach [teleclasses](#) on working with the New Moon SoulCollage process as well. To be notified of upcoming classes please subscribe to the New Moon Journal. I thank you for your support!!



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